

**Yinstitute for Advanced Yoga Training
with Regina Kerschbaumer**

Yin Yoga - The Functional Approach, Meridian Theory, Chakra Theory Meditation, Yoga
Nidra and Embodied Mindfulness

Student Prospectus - Application Form

**Yinstitute - Advanced Training - with Regina Kerschbaumer
Yin Yoga and The Chakras
Yin Fundamentals (Module 1) - 2021**

Over three months, three weekends on Saturdays and Sundays

Dates: 5 - 6 June

3 - 4 July

7 - 8 August 2021

Time: 10.00 am - 17.30pm - including one-hour lunch break and two short breaks.

Venue: In Purley, Surrey, CR8 - to be confirmed and/or virtual live online.

Name: _____

You are: Male: _____ Female: _____

Date of Birth: _____ Age: _____

Address: _____

Phone: _____

Email: _____

As a student of the Yoga Orchid Yinstitute's training course, I consent to my contact details (name, email and phone number) being passed onto our partners, Yoga Alliance Professionals, so they can contact me directly and invite me to register as a Trainee and Teacher. I understand that I have the option of opting out of this registration process by initialling here _____

I confirm that I have read the terms and conditions of booking and cancellation policy and enclose the non-refundable deposit of £350 (or full fee if booking less than 30 days before the course start). I confirm that I am fit and well and am aware of no health issues that would prevent me from participating in this training.

Photography/Filming: We reserve the right to photograph or film during our classes and to use these images for our website and marketing purposes. By entering into this agreement, I agree that it is my responsibility to make myself known should I not wish to be photographed or filmed

Signature: _____

How long have you been practicing yoga? _____

Are you currently a yoga teacher? _____

How many yoga classes do you teach per week: _____

For reference purposes only please list prior certification programs (include name of school, hours and year), you have completed:

Where did you hear about Yinstitute's Yin Yoga Training?

Have you taken any prior training in Yin and/Chakra meditation with either Regina at Yoga Orchid or other Yin Yoga teachers? Where and when?

Early registration - before 29 April - qualifies for an early bird discount:
£ 760.00 - saving £60!

A deposit of £350.00 is required with your application to reserve your place. If booking less than 30 days before the course start date you must pay the full fee in total at time of booking.

Places will be limited to the first 10 applicants.

Cancellation Policy Summary

- Less than 30 days before the start of the course – no refund
- 30-60 days – 50% refund
- More than 60 days – deposit and balance if appropriate will be refunded less a £300 admin fee.

Payment Enclosed: £ _____

Balance due by 10 May 2021: £ _____

Supplementary information

Do you have any serious injuries or health issues that the tutor should be aware of and that may prevent you from participating in any sessions?
Are there any other related matters or concerns that would be helpful for the tutors to know before you commence this training?

Please make your Payment by bank transfer - payable to
Barclays Bank - **Regina Kerschbaumer**
Account: 93307530
Sort Code: 20-24-61
<https://www.paypal.com/paypalme/yogaorchid/350.00>

Email with your completed application form to:

regik@yogaorchid.com

Regina Kerschbaumer
Yoga Orchid Yinstitute
45 Peaks Hill
Purley
Surrey
CR8 3JJ
United Kingdom

Booking Terms & Conditions

Entry Requirements

- This advanced teacher training is designed for experienced yoga teachers (minimum 200hrs certified YTT). As well as trainee and aspiring yoga teachers (although please be aware that you won't be able to teach Yin Yoga until you have your 200hrs qualifications).
- Experienced Yin Yoga teachers looking for a refresher course, new information and ongoing training
- Teachers who want to learn more about the Chakras and Mindfulness
- Bodywork professionals (therapists, social workers, physiotherapists, chiropractors, psychotherapists, life coaches, psychologists, massage therapists) who have a regular yoga practice and wish to integrate mindfulness and meditation techniques into your offerings.
- Advanced yoga students - attending 2 or more yoga classes per week - who love yin yoga. If you wish to know more about the practice, for personal yoga practice development are also welcome.

How to Book

- Please complete an application form and submit to Regina Kerschbaumer at Yoga Orchid Yinstitute – regik@yogaorchid.com together with your deposit. A deposit of £350 is necessary to secure a place on the course and must be paid at the time of the booking. Places cannot be confirmed until the deposit is received.
- The full fee must be paid at least 30 days before the beginning of the course.
- Applications will be accepted on a 'first come first served' basis and students who have paid their deposit will have priority over those who haven't.
- If you have not paid the balance of your fees by the required date your place may be given to an applicant on the wait list.
- As a student of this training course, we need your consent to share your contact details (name, email and phone number) with our partners, Yoga Alliance Professionals, so they can invite you to register as a Professional Teacher. You have the option of opting out of this registration process (below).

What is included in the fee

- 6 days of training and assessment by a qualified international, senior Yoga Alliance Professional
- A training manual/workbook and other documentation for you to keep
- Assessment of written or practical assignments
- A 60hrs training completion certificate for each module you participate in
 1. Module 1: Yin Fundamentals
 2. Module 2: The Energy Body

the 120hr Yoga Alliance Professional YTT certificate will only be available to those who complete both

• Note: payment of the fees does not guarantee you a certificate as you will need to successfully pass all assignments and attend 100% of the course.

• Please note that food is not provided, but snacks and herbal teas are.

Not included

- Books and DVDs required to read and watch for the training
- Flights and airport transfers
- Travel Insurance
- Accommodation and Food

We reserve the right to amend any of the above conditions any time throughout the course.

Booking Conditions and Cancellation Policy

- Bookings will only be confirmed once a completed application forms has been acknowledged and the deposit received. Do not book flights etc until your place is confirmed.
- The balance of your fee must be paid by 15 January 2021. If you have not paid the balance of your fees by the required date your place may be given to an applicant on the wait list.
- The deposit is non-refundable.
- If you have to cancel your attendance at the course the following cancellation policy will apply:
 - Cancelling less than 30 days before the start of the course – no refund
 - 30-60 days – 50% refund
 - More than 60 days – deposit and balance if appropriate will be refunded less a £250 admin fee.
- Course leaders reserve the right to cancel the course at any point and liability will be limited to the refunding of course fees. They also reserve the right to alter the syllabus or content at their discretion.
- Fees paid must cover all bank charges or currency conversion fees.

Important note on student conduct during the course

This is an intensive and advanced teacher training and students are expected to attend all sessions, arriving on time and participating attentively in the training. There may in addition be required pre reading or videos to watch, which will be detailed in the joining instructions. Students must complete all assignments to the satisfaction of the tutor and submit assignments by the due date specified. Re-sitting any assignments will be subject to an additional fee.

Complaints procedures

We will endeavour to offer the highest standard of training, assessment and student support if necessary throughout the course. If you have any complaints, issues or concerns these should be raised in the first instance with the Course Tutor or their designated representatives. We will always try to resolve any complaint as soon as possible to our mutual satisfaction. You may involve an advocate, friend or someone else to support you at any stage and you may request assistance.

Stage One: Speak to the individual(s) concerned and try to resolve the complaint informally on the day.

Stage Two: Outline the details of your complaint by letter or email and send it to the investigator for the school who will investigate the complaint. Your complaint will be acknowledged within 3 working days from the date it is received. The response will outline how your complaint will be investigated. When the person(s) who are dealing

with the complaint, have had an opportunity to review it, they will write to the tutor or person about whom the complaint has been made. The letter will outline the main elements of your complaint and ask for a full written response. If further relevant information comes to light, you may be asked for your comments to ensure the investigator has a balanced understanding. When your response has been received the investigator will consider all of the information available to them and make a decision including how the investigation was conducted, a decision on whether the complaint was upheld or not, the reason for the decision, any re-dress or other action if appropriate.